



STARTERS

Sweet Chili Charred Sherry Mushrooms and Wine Peppers (GF) (V).....6
 Sherry Miso Egg, Chives, Sea Salt5
 Crudités, Vegetable Story, Herb Buttermilk (GF)..... 10
 Crudités, Sherry Miso Egg, Nuts and Seeds, Veggie Cream Cheese Schmear,
 House Crackers..... 10
 Smoked Trout Schmear, Jalapeño, Sherry Glaze, Avocado, Cracker12

RE-CHARGE

RAW

12 OZ JUICE...7 / WITH BAR SPIRIT... 10

GREEN (GF) (V) Cucumber, Ginger, Lemon, Apple, Carrot

PURPLE (GF) (V) Beet, Carrot, Apple, Kale

ORANGE (GF) (V) Pineapple, Cucumber, Carrot, Apple, Fleur de Sel

BROTH

Roasted Garlic White Bean Broth, Jamon, Smoky Mayo Carbon Bun (GF)8

BATTERY

GREAT BUNS

5 EACH / 3 FOR 12 / ADD POACHED EGG 1.5

JAMON + MANCHEGO

SMOKED BRISKET, CREAM CHEESE, JALAPEÑO HONEY

SPINACH, ARTICHOKE, CHÈVRE

SAUSAGE

KING CRAB CARBON BUN...12

LARGE PLATES

7X TUNA (GF)

Warm Big Eye Tuna Rillettes, Peppers, Avocado, Sesame Crackers,
 Sherry Onions, Smokey Mayo, Mahon..... 16

CHARRED CITRUS HERB CHICKEN BREAST (GF)

Confit Egg Salad, Wilted Kale and Spinach, Chèvre.....14

CHEF'S COUNTER SPECIAL

Daily Large Plate Available in Limited Quantities.....MKT

ELECTRIC SALADS

Marcona Almond and Sunflower Seed, Citrus, Pepper,
 Radish Slaw (GF) (V).....8

Green GF Taboule, Kale, Cucumber, Avocado, Mint, Parsley,
 Lemon, Hemp, Chia, Sunflower, Olive Oil (GF) (V).....11

Fresh Fruit (GF) (V)..... 4

CHARGERS

POACHED EGGS +

7 GRAIN TOAST 4

HABIT DOUGHNUTS MKT

JAMON SPANISH

HAM (GF)..... 5

GLUTEN-FRIENDLY +

VEGAN PASTRY (GF) (V)..... 5

BULLET BARS (V)..... 5

BEHIND THE BAR JARS BY THE SCOOP

HOUSE CRACKERS

Sesame, Water, Almond, Rice,
 Pepper Jelly 1

NUTS

Mixed3

FRUIT

Dried Mango..... 1

CHIPS

Potato, Pretzels 1

CEREAL

Honey Bunches of Oats, Apple

Jacks, Grape Nuts,

Mueslix, Oatmeal 2

WAFFLE

Stroop 3

DESSERTS

CARBON CAKE 5

COOKIES Scotchies, Wedding, Chocolate Chip MKT

COCO PUFF MILK LATTE..... 7